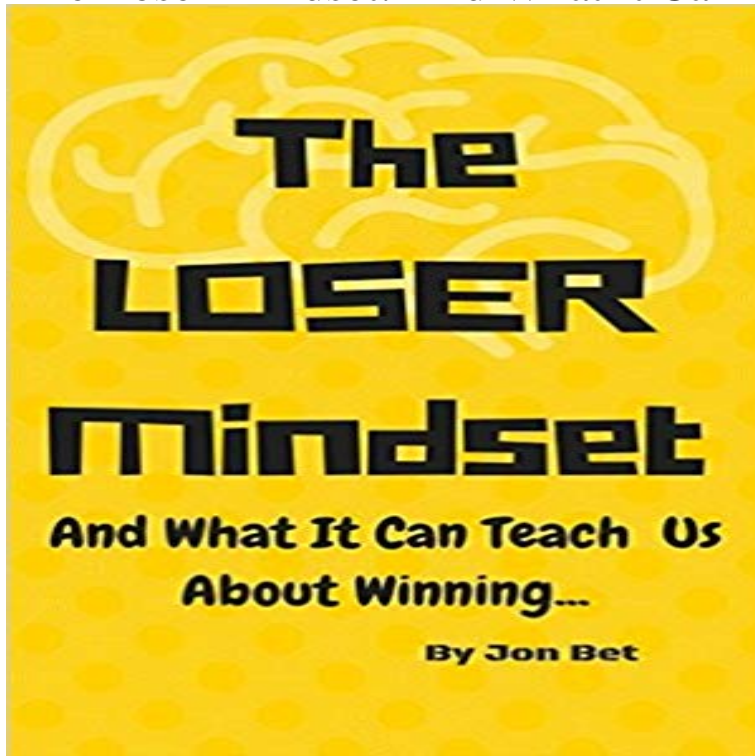


## The Loser Mindset: And What It Can Teach Us About Winning



One co-worker of mine nearly died in a car accident but showed up to work with a cast on her arm and a brace around her neck. Another gave up after failing to meet the sales quota the first week on the floor. Both faced adversity, one kept moving forward. But why? I asked myself this question and concluded that quitting and winning are both volitional acts. By examining the thoughts of losers you can isolate those aspects of yourself that are inclined towards losing and focus on what keeps you going forward and winning. By deconstructing the Loser Mindset, you learn to avoid the pitfalls of thinking like a loser. This book is a practical guide to improving your state of mind by being brutally honest with yourself and with others. Ultimately, this is a book for philanthropists, for those who are committed to the betterment of mankind. If you want to learn how to best help your fellow man, you must begin with yourself---and you begin with purging the defeatism, weakness, and mediocrity from your own soul.

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